

# CORE GROWTH PIVOT

SKILLS FOR LIFE, SKILLS FOR SUCCESS

"Dive into the heart of personal and professional excellence with our Soft Skills Mastery program at Core Growth pivot. Elevate your communication, leadership, and collaboration prowess. Uncover the art of emotional intelligence, resilience, and adaptability, shaping a wellrounded skill set that propels you towards success in every facet of life."



# SOFT SKILLS TRAINING

## SELF GROWTH (VERSION 3.0)

“Upgrade your mindset to Version 3.0:

Focus on the core, nurture growth, and watch yourself transform into a stronger, wiser, and more resilient version of you.”



# About The Trainer

**Annapurna, a highly qualified professional with a background in Economics and Public Administration, possesses a postgraduate degree in Public Administration and a PGDCA in Computer Science. Her exceptional dedication is demonstrated through her success in clearing the UPSC preliminary examinations, showcasing her determination and commitment to education.**

**With over eight years of valuable training experience, Annapurna has adeptly coached and mentored a diverse range of individuals, including college students, corporate professionals, teenagers, working professionals, and entrepreneurs. Her unparalleled commitment to empowering individuals shines through her transformative training sessions, where she enhances soft skills and communication abilities. Annapurna is a certified Polyglot trainer proficient in multiple languages, including Hindi, English, Tamil, Telugu, and Kannada. Join her sessions to embark on a journey towards profound personal and professional growth.**



# Kids Shaping Bright Future (Age 6-12)Yrs

**Be A great Communicator**

**Boost Confidence**

**Positive Attitude**

**Body Language**

**Self-confidence & Self-esteem**

**Tonal Variation**

**Goal Settings**

**Be A Leader**

**Public Speaking**

**Making Friends And Working In Teams**



# Empowering Teens Ambition (Age 13-16)Yrs

**The Power Of Positivity**

**Effective Communication**

**Leadership Skills**

**Time Management**

**Public Speaking and Presentation**

**Stress Management**

**Goal Settings**

**Emotional Intelligence**

**Conflict Resolution**

**Health & Well-Being**



# **SELF GROWTH**

## **COLLEGE STUDENTS & WORKING PROFESSIONALS**

**Positive Mental Attitude**

**Communication Skills**

**Continuous Learning**

**Time Management**

**Stress Management**

**Leadership Skills**

**Goal Settings**

**Conflict Management**

**Public Speaking Skills**

**Emotional Intelligence**



# Business English

Exercises To Improve English

Articles & Parts Of Speech

Tenses

Active & Passive Voice

Direct & Indirect Speech

Audio & Video Exercise



# PUBLIC SPEAKING

**Introduction to Public Speaking**

**Speech Organization**

**Effective Communication**

**Overcoming Nervousness**

**Body language**

**Tonal Variation**

**Audience Analyses**

**Story Telling and engagement**

**Confidence Building**

**Continued Learning**





# Placement Training

**Placement Training**

**Communication Skills**

**Body Language**

**Personal Grooming**

**Interview Skills**

**Leadership Skills**

**Goal Settings**

**Group Discussion Skills**

**Presentation Skills**

**Personality Development**



# Entrepreneurship

**Business Strategy**

**Making A Business Plan**

**Sales & Negotiation Skills**

**Leadership & Motivation**

**Time & Stress Management**

**Business Communication**

**Negotiation Strategy**

**Leadership Skills**

**Public Speaking Skills**

**Building Self-confidence**



# Integrated soft skills

**Communication Skills**

**Emotional Intelligence**

**Interpersonal Skills**

**Leadership Skills**

**Adaptability and Flexibility**

**Cultural Competence**

**Creativity and Innovation**

**Stress Management**

**Professionalism**

**Personal Branding**



# Spoken Hindi

**Basic Hindi Phrases and Greetings**

**Hindi Alphabet and Pronunciation**

**Numbers and Counting**

**Everyday Conversation**

**Time and Dates**

**Colors and Descriptions**

**Food and Dining**

**Hobbies and Leisure Activities**

**Health and Wellness**

**Cultural Insights**



# Vacation Courses For Kids And Teenagers

**Communication Skills**

**Teamwork and Collaboration**

**Leadership and Confidence**

**Time Management**

**Emotional Intelligence**

**Problem Solving**

**Resilience and Stress Management**

**Public Speaking and Presentation**

**Conflict Resolution**

**Mindfulness and Well Being**



# Contact Us



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